



# The Kitchen Garden

Learn the basics, share the tips to gain the skills and confidence to plan and develop a kitchen garden. No previous experience required.



**DATES:**

To be arranged  
(six sessions)

**TIME:**

To be arranged

**TUTOR:**

Emily Jasmine

**WHERE:**

CKC REAP Centre  
115 Hakiaha Street,  
Taumarunui

**LIMIT:**

8 people minimum  
12 people maximum

**FEE:**

To be confirmed  
Includes materials

**REQUIREMENTS:**

Pen/Pencil and paper  
Bring your own lunch  
Refreshments provided

**CLOSING DATE:**

To be arranged

**To enrol:**

Call into the CKC REAP Centre with the course fee.

A place on the course will not be reserved for you until the fee is paid.

**Cancellations:**

Please see our Enrolment Policy displayed at Reception at the REAP office.

# The Kitchen Garden Programme



## **Session 1: Understanding participant's requirements for this course**

The first session will be very open because I will be focussing on ensuring participants feel welcome and safe. I will encourage discussion to determine how the rest of the programme runs. depending on the group, we could start discussing the growing conditions on their individual sites, how much time they plan spend gardening each week, what resources are available for them to use. Sharing this information with the group will enable a pooling of resources and brainstorming.

## **Session 2: Sustainable systems**

This topic leads on from the last session easily but can be changed depending on what was decided last session.

## **Session 3: Soil**

It is essential that participants have an understanding of how soils develop so that they can build up their own site in preparation for their seedlings. Planning for what seeds to grow (so I can purchase in advance for next lesson).

## **Session 4: Growing plants from seeds**

We can discuss the benefits of growing plants from sexual reproduction and if participants are interested in asexual reproduction.

## **Session 5: Composting and mulching**

## **Session 6: Planting out seedlings (potentially) and garden planning for the coming months**

